11

Supplemental table 3. Trainees survey with detailed questions and responses.

Question	Response	Trainees Response (N= 17)
What was your stress level during the COVID-19 outbreak?	Extremely high	0 (0%)
	High	8 (47%)
	Moderate	8 (47%)
	Low	1 (6%)
	Very low	0 (0%)
What was your family's stress level during the COVID- 19 outbreak?	Extremely high	4 (24%)
19 outbreak:	High	8 (47%)
	Moderate	5 (29%)
	Low	0 (0%)
	Very low	0 (0%)
Do you feel it has been the leadership's priority to decrease exposure for neurology residents/fellows	A top priority, but not the most important	8 (47%)
whenever possible during this COVID-19 outbreak?	The most important priority	9 (53%)
	Not very important	0 (0%)
	Not important at all	0 (0%)
How would you rate the support provided by the	Exceeded expectations	10 (59%)
leadership during the pandemic?	Met expectations	7 (41%)
	Below expectation	0 (0%)
Were you aware of how to access emotional support	Yes	17 (100%)
resources?	No	0 (0%)
How satisfied were you with the resources	Very dissatisfied	0 (0%)
for emotional support made available to you?	Dissatisfied	0 (0%)
	Neither satisfied nor dissatisfied	3 (18%)
	Satisfied	9 (53%)
	Very satisfied	5 (29%)
How satisfied were you with the supervision you received on COVID-19 units? ¹	Satisfied	4 (44%)
received on COVID-19 units?	Very satisfied	5 (56%)
	Neither satisfied nor dissatisfied	0 (0%)

	Dissatisfied	0 (0%)
	Very dissatisfied	0 (0%)
How satisfied were you with the availability and quality of disinfectants and PPE (gowns, masks, gloves, eye shields etc.) on COVID-19 units? ¹	Very dissatisfied	0 (0%)
	Dissatisfied	0 (0%)
	Neither satisfied nor dissatisfied	1 (11%)
	Satisfied	6 (67%)
	Very satisfied	2 (22%)
How satisfied were you with the efforts made by the supervising faculty to decrease your exposure while	Very dissatisfied	0 (0%)
on COVID-19 units? ¹	Dissatisfied	0 (0%)
	Neither satisfied nor dissatisfied	0 (0%)
	Satisfied	3 (33%)
	Very satisfied	6 (67%)
How satisfied were you with the level of support	Satisfied	5 (56%)
provided by the nursing staff on COVID-19 units? ¹	Very satisfied	4 (44%)
	Neither satisfied nor dissatisfied	0 (0%)
	Dissatisfied	0 (0%)
	Very dissatisfied	0 (0%)
Did you find your time during COVID-19 redeployment to be fulfilling? ¹	A great deal	2 (22%)
	A lot	4 (44%)
	Moderately	3 (33%)
	A little	0 (0%)
	Not at all	0 (0%)
Did you violate clinical work hours during the	No	17 (100%)
pandemic?	Yes	0 (0%)
Whether deployed to a COVID unit or not, do you	Strongly agree	0 (0%)
agree with the statement "the amount of work was overwhelming during the pandemic"?	Agree	2 (12%)
	Neither agree nor disagree	7 (41%)
	Disagree	5 (29%)
	Strongly disagree	3 (18%)
During COVID-19 pandemic, how often were you able	Always	4 (24%)
to attend didactics virtually?	Close to 75%	10 (59%)
	Close to 50%	2 (12%)

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	Close to 25%	1 (6%)
	Never	0 (0%)
How satisfied were you with the convenience of attending lectures virtually?	Very dissatisfied	0 (0%)
	Dissatisfied	2 (12%)
	Neither satisfied nor dissatisfied	1 (6%)
	Satisfied	10 (59%)
	Very satisfied	4 (24%)
Were you provided with on-line resources (AAN resources, PowerPoints, electronic modules) to use	Yes	16 (94%)
during the pandemic?	No	1 (6%)
In a typical week during the pandemic, whether at work or outside of work, how often would you access	1-2 days	5 (29%)
the aforementioned on-line resources provided?	3-4 days	8 (47%)
	5-6 days	3 (18%)
	Never	1 (6%)
How satisfied were you with the electronic quizzes designed to guide your education?	N/A- I did not receive such quizzes	5 (29%)
	Very dissatisfied	0 (0%)
	Dissatisfied	0 (0%)
	Neither satisfied nor dissatisfied	2 (12%)
	Satisfied	7 (41%)
	Very satisfied	3 (18%)
How satisfied were you with the audio/video quality of the virtual lectures?	N/A- I did not attend virtual lectures	1 (6%)
	Very dissatisfied	0 (0%)
	Dissatisfied	0 (0%)
	Neither satisfied nor dissatisfied	1 (6%)
	Satisfied	10 (59%)
	Very satisfied	5 (29%)
How interested would you be to utilize virtual lectures	Not at all interested- it is useless	0 (0%)
for off-site rotations?	Not so interested- it is not useless but has limited usefulness	1 (6%)
	Somewhat interested	2 (12%)
	Very interested- it is helpful but not essential	7 (41%)
	Extremely interested- it is essential	7 (41%)

11

How interested would you be to continue receiving certain teaching opportunities virtually after the pandemic resolves?	Not at all interested- it is useless	0 (0%)
	Not so interested- it is not useless but has limited usefulness	3 (18%)
	Somewhat interested	2 (12%)
	Very interested- it is helpful but not essential	5 (29%)
	Extremely interested- it is essential	7 (41%)
How satisfied are you overall with your performance as a resident/fellow during the pandemic?	Dissatisfied	0 (0%)
	Neither satisfied nor dissatisfied	1 (6%)
	Satisfied	12 (71%)
	Very satisfied	4 (24%)
Describe how the pandemic has affected your overall experience as a resident.	It was a negative experience- a stressful and compromising one	3 (18%)
	It was a neutral experience- I am indifferent	4 (24%)
	It was a positive experience- a fulfilling and inspiring one	10 (59%)