Supplemental Table 1. Characteristics of study participants in percentages or means (and standard deviations), for participants included at follow-up (FU) and SCI/MCI participants not included at follow-up (No FU).

| Means \& Percentages, $t$-tests unless otherwise indicated | n | Follow-Up | No Follow-up | $p\left(X^{2 / t)}\right.$ |
| :---: | :---: | :---: | :---: | :---: |
|  | (FU/No FU) | ( $\mathrm{n}=57$ ) | ( $\mathrm{n}=66$ ) |  |
| Age (years) | (57/66) | 60.98 (6.39) | 61.84 (8.05) | . 517 |
| Education (years) | (57/66) | 14.10 (3.39) | 14.21 (3.38) | . 857 |
| Female (\%, $\mathrm{X}^{2}$ ) | (57/66) | 59.6 | 56.1 | . 688 |
| Stress measures |  |  |  |  |
| Perceived Stress Scale ( _ / $/ 40$ ) | (54/60) | 18.89 (7.13) | 17.85 (7.40) | . 448 |
| Cortisol |  |  |  |  |
| Awakening Cortisol (t1) (nmol/l) | (57/66) | 8.76 (4.91) | 8.53 (4.90) | . 797 |
| Bedtime Cortisol (t6) (nmol/l) | (57/66) | 2.48 (3.79) | 2.24 (3.64) | . 718 |
| Cortisol Awakening Response | (57/66) | . 53 (1.17) | . 75 (1.39) | . 347 |
| Daily Cortisol Output | (57/66) | 3.92 (.70) | 4.04 (.69) | . 340 |
| Cortisol AM/PM ratio (t1/6) | (57/66) | 2.04 (.75) | 2.00 (.70) | . 792 |
| CSF Biomarkers |  |  |  |  |
| A $\beta_{42}(\mathrm{ng} / \mathrm{l})$ | (46/58) | 889.13 (153.80) | 712.19 (227.94) | <. 001 *** |
| T-Tau (ng/) | (46/58) | 286.67 (105.27) | 311.76 (182.41) | . 382 |
| P-Tau (ng/l) | (46/58) | 41.78 (13.63) | 44.88 (21.10) | . 368 |
| Cognition |  |  |  |  |
| Overall cognition (mean z-score) | (47/54) | -. 54 (.91) | -.61 (.90) | 688 |
| Memory (mean z-score) | (51/58) | -. 33 (.91) | -1.09 (1.35) | . 001 ** |
| Processing Speed (mean z-score) | (48/53) | -. 54 (1.16) | -. 66 (1.33) | . 654 |
| Working Memory (mean z-score) | (43/48) | -. 37 (.84) | -. 66 (1.12) | . 169 |
| Perceptual Reasoning (mean z -score) | (49/54) | -. 15 (.87) | -. 38 (1.03) | . 234 |
| Currently taking cortisone (\%, $\mathrm{X}^{2}$ ) | (57/66) | 12.3 | 10.6 | . 771 |

${ }^{*}$ significant at $\mathrm{p}<.05$; ** significant at $\mathrm{p}<.01,{ }^{* * *}$ significant at $\mathrm{p}<.001$

